



Choc Orange Bliss Balls

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This is a great recess item, easy to prepare and delicious.

Check your school allergy policy before using nuts in the canteen. Almonds can easily be replaced by simply adding more oats and pepitas.

Traffic light category: Amber Serves: 24 (30g)

Ingredients

- 200g rolled oats
- 200g almonds (whole or almond butter)
- 20 pitted dates
- 60g pepitas
- 50g cocoa powder
- Rind of 1 orange
- Juice of 1-2 oranges
- Extra cocoa powder for rolling

Method

1. Place all ingredients into food processor and mix until mixture comes together
2. Roll into balls, approx. 30g each
3. Roll in cocoa powder
4. Place in air-tight container
5. Place in fridge for at least 1 hour
6. Store in the fridge.



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